

June Lunch Menu *Meals Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday	Weekly Average
				<p>1</p> <p>Turkey & Cheese Sandwich Cherry Tomatoes Zucchini Coins Chilled Fruit</p> <p>No Vegetarian Meal</p>	
<p>4</p> <p>WG Cheese Quesadilla Black Bean Salsa Broccoli Fruit Cocktail</p>	<p>5</p> <p>Cheese Pizza Romaine Salad w/ cherry tomatoes Peaches</p>	<p>6</p> <p>Topsy Turvy Yogurt Pancakes Syrup Apple Slices Carrot Sticks & Celery Sticks</p>	<p>7</p> <p>Choice A Chicken and Gravy Mashed Potatoes Fresh Pear Celery Sticks Giant Goldfish Crax Happy Birthday Cupcake</p> <p>Choice B Southwest Veggie Bowl Fresh Pear Celery Sticks Giant Goldfish Grax Happy Birthday Cupcake</p>	<p>8</p> <p>Munchable Lunch String Cheese Yogurt Dinner Roll Grapes Carrot Coins Zucchini</p>	<p><u>Calories</u> 623.47 kcal</p> <p><u>Saturated Fat</u> 7.0% Sat Fat</p> <p><u>NA</u> 855.12mg NA</p>
<p>Skim White, Skim Chocolate, and 1% White Milk available daily.</p> <p>A variety of low-fat or fat-free condiments (ranch, French, mustard, ketchup, BBQ, honey mustard) are available daily.</p>	<p>All breads, tortillas, pancakes, pastas etc. are whole grain rich.</p> <p>*Contains Pork</p>				